

The CPD programme for *SAJPH* is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

One answer per question is correct.

1. Which of the following statements is true for meningococcal infection in South Africa (SA)?

- a) Invasive meningococcal disease (caused by *Neisseria meningitidis*) is currently prevalent in SA.
- b) HIV-positive individuals exhibit an increased risk of contracting meningococcal disease.
- c) HIV-negative individuals have higher case fatality rate than HIV-infected individuals.
- d) In the HIV-negative population, two doses of the meningococcal conjugate are recommended, 8 - 12 weeks apart.

2. Meningococcal conjugate vaccine MCV4 (Menactra, Sanofi Pasteur) provides protection against which serogroups?

- a) A, C, Y and W
- b) A, X, Z and NG
- c) A, B, C and X.
- d) C, X, Z and NG.

3. Which of the following statements is true for pain management?

- a) Inadequately managed acute pain has major physiological, psychological, economic and social ramifications for patients, their families and society.
- b) Data on the magnitude of acute pain and factors that are associated with its effective management in the developing world are readily available.
- c) The empirical support for the effectiveness of such pain relief methods is based on evidence.
- d) Pain is usually defined as an unpleasant sensory and emotional experience usually associated with no damage to tissues.

4. The most common management of pain includes all of the following except:

- a) use of analgesics and anti-inflammatories
- b) consultation with psychiatrists and counsellors
- c) self-treatment
- d) surgical intervention.

5. Perception of pain was assessed in which of the following dimensions:

- a) prognosis of the illness
- b) clinical cause of the illness
- c) actual duration of the illness
- d) the extent to which the patient believes (s)he will recover from the illness.

6. Which of the following statements is not true for pain?

- a) Pain is associated with actual or potential tissue damage.
- b) Pain is an unpleasant sensory and emotional experience.
- c) Acute pain is a normal response to tissue damage experienced during trauma or surgery.
- d) Acute pain usually exceeds 3 months' duration.

7. The following are true of an efficient health (or health service) system except:

- a) Resources should be utilised only for the good of tax-payers.
- b) It becomes an integral part of a general economy management system.
- c) It incorporates all areas connected with the inputs and outputs of health service delivery.
- d) It requires good planning.

8. The term market failure may imply all of the following except:

- a) an equilibrium allocation of resources that is Pareto optimal
- b) total distortion in price mechanisms
- c) the existence of a free market
- d) the efficient distribution of goods and services.

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there, in print or online.
2. Go to www.mpconsulting.co.za to answer the questions.

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