

The CPD programme for SAJPH is administered by Medical Practice Consulting.  
CPD questionnaires must be completed online at [www.mpconsulting.co.za](http://www.mpconsulting.co.za).

**One answer per question is correct.**

**1. Purposive sampling is:**

- a) a form of non-probability sampling in which researchers rely on their own judgement when choosing members of the population to participate in their surveys.
- b) a form of probability sampling in which each sample has an equal probability of being chosen.
- c) a form of probability sampling method in which sample members from a larger population are selected according to a random starting point but with a fixed, periodic interval.
- d) a form of sampling in which research participants are asked to assist researchers in identifying other potential subjects.

**2. A quasi-experimental study aims:**

- a) to establish the existence of a cause-and-effect relationship between two variables.
- b) to follow a group of people over time and note each new occurrence of the disease.
- c) to evaluate interventions but that do not use randomisation.
- d) to compare one group with the disease or condition under study and a very similar group of people who do not have the disease or condition.

**3. Rifampicin mono-resistant tuberculosis (RFM-TB):**

- a) is commonly found internationally.
- b) lowered the treatment outcome of TB.
- c) is not commonly associated with resistance to isoniazid.
- d) is not commonly associated with antibiotic-resistant mutated genes.

**4. The most common gene mutations associated with drug-resistant TB in Africa include the following, except:**

- a) *gyrA*
- b) *inhA*
- c) *katG*
- d) *mmpL3*.

**5. Strengthening organisational learning as a core value within health service organisations requires all of the following except:**

- a) capacity and willingness of health systems to learn.
- b) enhancing adaptive capacity.
- c) institutionalisation of learning processes at national level.
- d) ability to reflect, learn, plan and act.

**6. Learning and resilience in health systems has been linked to the following:**

- a) the ability of frontline staff to recognise and respond to everyday challenges
- b) the ability of frontline staff to analyse their environment
- c) the ability of frontline staff to identify issues that cause extended waiting times
- d) all of the above.

**7. Which of the following statements is true for diabetes mellitus type 2 (DMT2)?**

- a) It is always considered a disease of major significance in world statistics on health.
- b) According to the International Diabetes Federation (IDF), worldwide, two individuals develop diabetes every 10 seconds or die of diabetes-related conditions.
- c) Globally, diabetes caused 15 million deaths in 2012.
- d) Global reports on diabetes in 2016 estimated that nearly 4 million adults were living with diabetes in 2014.

**8. Which of the following statements is true for DMT2 in Namibia?**

- a) The incidence of DMT2 is not a major challenge.
- b) DMT2 was one of the determinants associated with absenteeism, leading to low productivity, in most Namibian companies.
- c) The incidence of DMT2 is higher in the Kavango region than Zambezi region.
- d) A health education programme has no effect on levels of knowledge on the meaning of DMT2 and its risk factors.

**9. The South African (SA) vaccine registration portal (Electronic Vaccination Data System or EVDS) records:**

- a) a health patient record system number
- b) a laboratory number
- c) a hospital number
- d) a SA identification number.

**True or false?**

**10. The mental health of healthcare workers remains overlooked and underprioritised as they find themselves without adequate support.**

**11. The importance of cultivating the capacity for organisational learning at PHC level is highlighted by COVID-19.**

**A maximum of 3 CEUs will be awarded per correctly completed test.**

**INSTRUCTIONS**

1. Read the journal. All the answers will be found there, in print or online.
2. Go to [www.mpconsulting.co.za](http://www.mpconsulting.co.za) to answer the questions.

Accreditation number: MDB015/MPDP/038/210