

The CPD programme for *SAJPH* is administered by Medical Practice Consulting.
CPD questionnaires must be completed online at www.mpconsulting.co.za.

One answer per question is correct.

- 1. Barriers to accessing maternal health services for the external migrant population in South Africa (SA) include all of the following except:**
 - a) language
 - b) possession of legal documents
 - c) finance
 - d) comprehensive reproductive policies.
 - 2. The Millennium Development Goal target for the maternal mortality ratio in SA was:**
 - a) 38 per 1 000 live births
 - b) 38 per 10 000 live births
 - c) 38 per 100 000 live births
 - d) 38 per 1 000 000 live births.
 - 3. The SA National Department of Health launched the National Health Insurance (NHI) pilot programme as the solution to the current ailing health system in:**
 - a) 2012
 - b) 2014
 - c) 2016
 - d) 2018.
 - 4. According to the World Health Organization, effective service provision requires all of the following except:**
 - a) specialist doctors
 - b) the right medicines
 - c) the right equipment
 - d) adequate financing.
 - 5. Which one of the following statements is true of the Southern Africa Tuberculosis and Health Systems Support (SATBHSS) project?**
 - a) It involves Lesotho, Malawi, Mozambique, Zambia and Swaziland.
 - b) It is a part of the process to implement integrated disease surveillance and response in Southern Africa.
 - c) It focuses on strengthening national disease surveillance and response within member countries.
 - d) Key to this is the establishment of zones to focus on the high burden of tuberculosis within a country.
 - 6. The activities of the SATBHSS project during the period between October 2017 and January 2020 include all of the following except:**
 - a) the development of joint work plans
 - b) capacity-building using tabletop simulation exercises of disease and conditions relevant to the region.
 - c) field simulation exercises on cholera
 - d) response to a number of Ebola outbreaks experienced in the region.
 - 7. Common lifestyle risk factors among healthcare workers include all of the following except:**
 - a) smoking
 - b) overweight and obesity
 - c) sub-optimal physical activity
 - d) level of education.
 - 8) Healthcare workers with a higher body mass index were found to show:**
 - a) a low prevalence of sickness
 - b) presenteeism
 - c) good personal health behavioural interventions
 - d) better health outcomes.
- True or false?**
- 9. The NHI pilot projects are aimed at re-engineering the primary healthcare system and improving these publicly funded clinics into the model of an 'ideal clinic'.**
 - 10. Human growth during the first 2 years of life involves both quantitative and qualitative changes in body composition.**

A maximum of 3 CEUs will be awarded per correctly completed test.

INSTRUCTIONS

1. Read the journal. All the answers will be found there, in print or online.
2. Go to www.mpconsulting.co.za to answer the questions.

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