

The CPD programme for *SAJPH* is administered by Medical Practice Consulting.  
 CPD questionnaires must be completed online at [www.mpconsulting.co.za](http://www.mpconsulting.co.za).

**One answer per question is correct.**

- 1. Barriers to accessing maternal health services for the external migrant population in South Africa (SA) include all of the following except:**
    - a) language
    - b) possession of legal documents
    - c) finance
    - d) comprehensive reproductive policies.
  - 2. The Millennium Development Goal target for the maternal mortality ratio in SA was:**
    - a) 38 per 1 000 live births
    - b) 38 per 10 000 live births
    - c) 38 per 100 000 live births
    - d) 38 per 1 000 000 live births.
  - 3. The SA National Department of Health launched the National Health Insurance (NHI) pilot programme as the solution to the current ailing health system in:**
    - a) 2012
    - b) 2014
    - c) 2016
    - d) 2018.
  - 4. According to the World Health Organization, effective service provision requires all of the following except:**
    - a) specialist doctors
    - b) the right medicines
    - c) the right equipment
    - d) adequate financing.
  - 5. Which one of the following statements is true of the Southern Africa Tuberculosis and Health Systems Support (SATBHSS) project?**
    - a) It involves Lesotho, Malawi, Mozambique, Zambia and Swaziland.
    - b) It is a part of the process to implement integrated disease surveillance and response in Southern Africa.
    - c) It focuses on strengthening national disease surveillance and response within member countries.
    - d) Key to this is the establishment of zones to focus on the high burden of tuberculosis within a country.
  - 6. The activities of the SATBHSS project during the period between October 2017 and January 2020 include all of the following except:**
    - a) the development of joint work plans
    - b) capacity-building using tabletop simulation exercises of disease and conditions relevant to the region.
    - c) field simulation exercises on cholera
    - d) response to a number of Ebola outbreaks experienced in the region.
  - 7. Common lifestyle risk factors among healthcare workers include all of the following except:**
    - a) smoking
    - b) overweight and obesity
    - c) sub-optimal physical activity
    - d) level of education.
  - 8) Healthcare workers with a higher body mass index were found to show:**
    - a) a low prevalence of sickness
    - b) presenteeism
    - c) good personal health behavioural interventions
    - d) better health outcomes.
- True or false?**
- 9. The NHI pilot projects are aimed at re-engineering the primary healthcare system and improving these publicly funded clinics into the model of an 'ideal clinic'.**
  - 10. Human growth during the first 2 years of life involves both quantitative and qualitative changes in body composition.**

**A maximum of 3 CEUs will be awarded per correctly completed test.**

**INSTRUCTIONS**

1. Read the journal. All the answers will be found there, in print or online.
2. Go to [www.mpconsulting.co.za](http://www.mpconsulting.co.za) to answer the questions.

Accreditation number: MDB015/083/01/2019

